

KEEPING OUR KIDS, FAMILIES, AND COMMUNITY HEALTHY



YMCA OF CENTRAL VIRGINIA VIRTUAL LEARNING CENTER

With recommendations from the Virginia Department of Social Services (VDSS) and Centers for Disease Control (CDC), and YMCA of the USA Best Practices, the YMCA of Central Virginia is pleased to present our Health & Safety Policy. We are taking extra steps to support the health and safety of your children, your family, and our team.

CHECK-IN:

- Curbside drop off and pickup will be enforced. A YMCA Team Member will greet your child outside at the marked drop off location.
- Children will be screened and have their temperature checked prior to entrance. Please make sure to answer the following questions before you leave your child at the Y.
 1. Has <child> been told by a public health official that they may have been exposed to COVID-19?
 2. Has <child> been in contact with someone who has traveled outside of the state or country?
 3. Has <child> been in contact with someone known to have COVID-19?
 4. Has <child> had any of these symptoms - fever greater than 100, difficulty breathing, sore throat, headache, or a cough?
- After cleared, the guardian will depart (entering the building/school will not be permitted at this time).
- Children will be escorted into the bathroom where their hands will be washed prior to entering the classroom/ child care area.

PICK-UP:

- Upon arrival for pick up, parents should call their YMCA staff contact number, and a staff member will bring your child out to you.

HEALTHY ENVIRONMENT:

- Children will have designated personal space.
- Equipment will not be shared between classrooms/groups and will be cleaned between uses.
- Each child will have their supply box that will not be shared with one another.
- Staff will disinfect high-touch surfaces, such as door handles, light switches, and faucets at least frequently.
- An enhanced deep cleaning will occur every night in all areas and on all touched surfaces.
- Staff will have access to anti-bacterial hand sanitizers and disposable gloves and use them as needed.
- Staff will wash their hands minimum of hourly (noted by the CDC as the most effective preventative measure).
- Children will wash their hands hourly, at minimum.
- Personal items such as book bags, toys, electronics, blankets, etc. should be left at home and will not be allowed in the program.
- Children may bring homework packets/workbooks and chrome books. These must be in a plastic binder or other container that can be properly sanitized.

LUNCH & SNACKS

- Children will have meals in their assigned space
- All surfaces will be disinfected before and after meals, using CDC or EPA—approved products and following VDSS licensing standards.
- Meals/snacks will be provided by Lynchburg City Schools and Amherst County Schools. Students may bring their own meals/snacks.

CHILD HEALTH

- Staff and children will be required to wear masks.
- Staff will receive education on COVID-19 symptoms in children as well as preventive measures.
- Staff will conduct regular temperature checks with children throughout the day.
- Children who start to experience symptoms of respiratory illness, including a fever >100.4 while at child care will be isolated from other children and will be picked up within the hour.

STAFF HEALTH & WELLNESS

- Staff and children will be required to wear masks.
- Staff will receive education on COVID-19 symptoms as well as preventive measures.
- Staff will receive additional training on infection control and workplace disinfection.
- Staff will be screened at the beginning of each shift and notify a supervisor of a fever >100.4.
- Staff will self-monitor for signs and symptoms of COVID-19 and notify a supervisor if any develop.
- Staff will wash hands immediately upon entering the program, a minimum of every hour during each shift, and just before leaving.
- Staff will not be permitted to work if they have a fever >100.4, are feeling ill, or experiencing respiratory symptoms.
- Staff will not share phones, devices, meals, or utensils with anyone

COMMUNICATION

- Any updates to our processes or policy will be emailed/texted to the key family contact.
- Please visit our website for additional information at www.ymcacva.org
- We will stay in close contact with VDSS, the CDC, and state and local officials and make changes to our processes and policy as the guidelines warrant.
- The safety of your children, your family, and our team will always be our top priority.

ADDITIONAL INFORMATION

- Hours of Operation:
Lynchburg City Schools: 7:00am – 6:00pm
Amherst Sites: M–Th Start Time 6:30am, End Time 6pm | Friday 7am–6pm
- Ages: 5 – 12yrs old
- Weekly Cost: Lynchburg: \$110/Members, \$120/Non-Members | Amherst: \$90
- How to Register: Visit us online at www.ymcacva.org
- Required Documents: This program is licensed by the Virginia Department of Social Services (VDSS). All required documentation will be required prior to attendance and should be uploaded via YMCA website. Required documents are verification of birth, Immunization and Health Record, Policies & Procedures.
- What to Bring: Refillable water bottle, school work, Chrome Book if needed, face mask, closed toe shoes; all items should be labeled with child’s first and last name
- Do Not Bring: Personal items. Example: blankets, toys, electronics, book-bags
- Daily Activities:
Breakfast, lunch and evening snack are provided
Devoted time for virtual course work and STEAM activities
Arts and crafts and outdoor recreation time